

2026 Retrograde Calendar

Every planet's retrograde in 2026 (dates in UTC).

Mercury retrograde

February 26, 2026 to March 20, 2026
June 29, 2026 to July 23, 2026
October 24, 2026 to November 13, 2026

Venus retrograde

October 3, 2026 to November 14, 2026

Mars retrograde

No retrograde this year.

Jupiter retrograde

November 11, 2025 to March 11, 2026
December 13, 2026 to April 13, 2027

Saturn retrograde

July 26, 2026 to December 10, 2026

Uranus retrograde

September 6, 2025 to February 4, 2026
September 10, 2026 to February 8, 2027

Neptune retrograde

July 7, 2026 to December 12, 2026

Pluto retrograde

May 6, 2026 to October 15, 2026